

# Strada Sempre Duro

## Membership Application/Renewal

I would like to join, or renew my membership in the STRADA SEMPRE DURO Bicycle Club.

Please make checks payable to "Strada Sempre Duro" and make sure you SIGN and mail the completed release form along with your check. Send the form and dues to:

**Strada Sempre Duro**  
Attn: Membership Director  
P.O. Box 4669  
Walnut Creek, CA 94598

**SPECIAL PACKAGE:** Annual membership and one jersey or wind vest for \$65.00 a \$95.00 value, while supplies last. Regular membership by itself is \$35.

Name: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_

Zip Code: \_\_\_\_\_

Home Phone: (\_\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_\_) \_\_\_\_\_

Email Address: \_\_\_\_\_

Birthdate: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Sex: Male / Female

Race Category: Road / Track / Norba / None (Circle all that apply)

Class: Master / Junior / Senior

Emergency Contact Name: \_\_\_\_\_ Phone #: (\_\_\_\_\_) \_\_\_\_\_

Amount Paid: \$ \_\_\_\_\_ (\$65 for jersey/vest & dues or \$35 for dues only)

### LEAGUE OF AMERICAN WHEELMEN ("LAW") RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT "AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in Strada Sempre Duro ("Club") sponsored Bicycling Activities ("Activity") I for myself, my personal representatives, assigns, heirs, and next of kin:

- 1) ACKNOWLEDGE, agree, and represent that I understand the nature of Bicycling Activities and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further acknowledge that the Activity will be conducted over public roads and facilities open to the public during the Activity and upon which the hazards of traveling are to be expected. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in the Activity.

- 2) FULLY UNDERSTAND that: (a) BICYCLING ACTIVITIES INVOLVE RISKS AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS AND DEATH (“RISK”); (b) these Risks and dangers may be caused by my own actions, or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or THE NEGLIGENCE OF THE “RELEASEES” NAMED BELOW; (c) there may be OTHER RISKS AND SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
- 3) HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the Club, the LAW, their respective administrators, directors, agents, officers, volunteers, and employees, other participants, any sponsors, advertisers, and, if applicable, owners and lessors of premises which the Activity takes place, (each considered one of the “RELEASEES” herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED OR ALLEGED TO BE CAUSED IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE “RELEASEES” OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite this RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which any may incur as the result of such claim.
- 4) In addition, will abide by the following items:
  - a) Members must abide by ALL traffic laws and club bi-laws at all times
  - b) New riders should introduce themselves to each other prior to the ride
  - c) The Designated ride leader(s) has the responsibility of maintaining group cohesion and safety as well as leading the route
  - d) It is the responsibility of the senior members/riders as well as ride leaders to give on-ride advice/instruction to those riders who appear to ride in an un-safe or manner which is disruptive or contradictory to the club mantra
  - e) The following equipment is not allowed on club rides for safety reasons:
    - i) Aero/ triathlon type handlebars
    - ii) Tires smaller than 700 x 23c
    - iii) Aero type wheels (Deep Dish Discs for example) as they can be dangerous in pack riding because of their sensitivity to crosswinds.
    - iv) IPod’s, MP3 players or any other device that places earphones in one or both ears
  - f) One ride per month will be designated as a “training ride” in which specific paceline skills and techniques will be worked on. This will occur on a specific Saturday and will be posted on the website. It’s for anyone that wants to improve their pack riding skills.
  - g) Members should attempt to attend quarterly club meetings as posted on the club website
  - h) Emergency contact information must be available for every rider on every ride
  - i) All riders MUST wear a CPSC or equivalent approved helmet on the club rides

I HAVE READ THIS AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE AND INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

Participant’s Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_

Date: \_\_\_\_\_

Club Affiliation if any: \_\_\_\_\_

## Clothing Order Form

Item	Price	XS	S	M	L	XL	XXL	XXXL	Amount
<b>Packages *</b>									
<b>Package #1 - \$95 VALUE</b>									
Men's/Women's S/S jersey	\$ 65								
Wind Vest	\$ 65								
<b>Package #2 - \$172 VALUE</b>									
S/S Jersey, Bib Shorts, Arm Warmers (men's/women's)	\$135								
S/S Jersey, Regular Shorts, Arm Warmers (men's/women's)	\$135								
<b>Package #3 - \$210 VALUE</b>									
S/S Jersey, Bib Shorts, Wind Vest (men's/women's)	\$165								
S/S Jersey, Regular Shorts, Wind Vest (men's/women's)	\$165								
2006 Membership Only	\$ 35								
<b>Individual Clothing Items</b>									
Men's/Women's S/S jersey	\$ 60								
Men's/Women's sleeveless jersey	\$ 60								
Shorts	\$ 50								
Bib-Shorts	\$ 55								
Knickers	\$ 55								
Bib-Knickers	\$ 60								
Wind Vest	\$ 60								
Thermal Vest	\$ 80								
Arm Warmers	\$ 22						n/a	n/a	
Long Sleeve Jersey	\$ 75								
Wind Jacket	\$ 75								
Thermal Jacket	\$ 99								
<b>Total:</b>									

\* All package prices include a 2006 club membership, a \$35 value!

Total amount enclosed: \$ \_\_\_\_\_

For any questions send an email to Carole at [clothing@duro.org](mailto:clothing@duro.org).

Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_